

CURRICULUM VITAE

Name: Suad S. Alkhamis

Current Job: Assistant Professor
Department of Oral & Dental Health
College of Health Sciences
The Public Authority for Applied Education & Training (PAAET)

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WORK EXPERIENCE

2022- present Vice Dean for academic Affairs (Acting), College of Health Sciences (PAAET)

2021- present Head of Oral & Dental Health Department, College of Health Sciences (PAAET)

2015- present Assistant Professor, Department of Oral & Dental Health, College of Health Sciences (PAAET)

2007-2009 Head of Oral & Dental Health Department, College of Health Sciences (PAAET)

2006-2009	Teacher, Department of Oral & Dental Health, College of Health Sciences (PAAET)
2002-2006	Teacher Assistant, Department of Oral & Dental Health, College of Health Sciences (PAAET)
Jan. 2002	Old Dominion University, Norfolk, VA Internship in Community Oral Health Practice (DNTH 419)
Sept. 2001	Old Dominion University, Norfolk, VA Internship in Community Oral Health Practice (DNTH 413)
1999-2000	Trainer B, Department of Oral & Dental Health, College of Health Sciences (PAAET)
Jan-Dec.1994	Dental Hygienist, Public Health Ministry, Kuwait

PROFESSIONAL SERVICE

Mar- Dec.1994	Al Rehabilitation Center for Handicapped, Kuwait Practice Dental Hygiene
June- Aug.1993	Ameri Dental Health Center, Kuwait Practice Dental Hygiene

COMMUNITY SERVICE

April 2006	Supervise the Science Exhibition in Al-Oma Primary School, Kuwait.
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- Dec. 2006 Periodontal Disease Presentation in Al-Oma Primary School, Kuwait.
- 2002 Working as a volunteer dental hygienist in Rehabilitation Center for Handicapped, Kuwait.
- Sept.-Dec. 2001 Working as teacher assistant for Dental health Community course, Lake Taylor Hospital (Special Needs Rehabilitation Center), Norfolk, VA. USA
- 1999-2000 Working as a volunteer dental hygienist in Geriatric Home Visiting Center, Kuwait.
- Jan - Massachusetts Department of Public Health, Boston,
Jun.1997 MA

TEACHING EXPERIENCE

- Teaching faculty in Oral and Dental Health Department: Dental Assisting Program& Dental Hygiene Program (Feb. 1999-Present).
- Representative of Oral and Dental Health Department in Curriculum Design Center, Public authority For Applied Education and Training (PAAET) to design a new program “Dental Assistant program “based on WIDS (Worldwide Instructional Design System) from Wisconsin College at Wisconsin, USA. (July 2007 to Feb. 2009).
- Develop and create Dental Hygiene Competencies-based Curriculum.

Dental Assisting Program**Teaching Experience:**

- Responsible for teaching theoretical courses.
- Responsible for teaching clinical courses.
- Preparing and typing the syllabus for each course.
- Preparing and typing each class notes.
- Using Microsoft PowerPoint program and data show projector for the presentation of each class lessons.
- Responsible for students' evaluation.
- Examples of courses that I taught are:
 - Introduction to Dentistry
 - Medical Emergencies in Dentistry
 - Practical applications in Dentistry
 - Clinical Applications in Dentistry (I)
 - Clinical Applications in Dentistry (II)
 - Clinical Applications in Dentistry (III)
- Clinical instructor in Dental Assisting clinic:
 - Preparing clinical course syllabus.
 - Preparing clinic documents.
 - Supervising students during clinic and Lab hours.
 - Responsible for students' theoretical and clinical evaluation.

Dental Hygiene Program (ceased July 2005)**Teaching Experience:**

- Responsible for teaching theoretical courses.
- Responsible for teaching clinical courses.
- Preparing and typing the syllabus for each course.
- Preparing and typing each class notes.
- Using Microsoft PowerPoint program and data show projector
- for the presentation of each class lessons.
- Responsible for students' evaluation.
- Examples of courses that I taught are:
 - Dental Terminology
 - Introduction to Dentistry
 - Practical Dental Hygiene (I)
 - Practical Dental Hygiene (II)
 - Clinical Dental Hygiene (I)
 - Clinical Dental Hygiene (II)
 - Dental Public Health I &II
 - Pediatric Dentistry
 - Medical Emergencies in Dentistry
 - Management of Dental Office
- Clinical instructor in Dental Hygiene Clinic:
 - Preparing clinical course syllabus.
 - Preparing clinic documents.
 - Supervising students during clinic hours.
 - Responsible for students' theoretical and clinical evaluation.

DEPARTMENTAL AND COLLEGE SERVICE

Membership of Committees:

- Curriculum Development Committee
- Budget Committee
- Research and Scientific Conferences Committee
- Academic Accreditation Committee
- Promotion Committee
- Examinations Committee
- Cultural and Social Committee
- Scholarships Committee
- College Research Committee
- Research and Publications

PROFESSIONAL RECOGNITIONS

- Excellence in Job Performance certificate for 99/2000 Academic year from Public Authority for Applied Education and Training, PAAET, Kuwait
- Excellence in Job Performance certificate for 2001/2002 Academic year from Public Authority for Applied Education and Training, PAAET, Kuwait
- Highest Rating in Educational Performance in Oral and Dental Health Department Certificate for Measurement Academic 2000/2001 from Measurement, Evaluation and professional Development Center, PAAET, Kuwait.

RESEARCH & PUBLICATION

Research Interests

- Applying psychosocial theory and behaviour change theory to dental health care setting to achieve better oral health.
 - Understanding the psychological and social factors that play a role in the uptake of risk health behaviour or the avoidance of preventive health behaviour.
 - Applying social cognition models (SCMs) in dental health education intervention to change/ enhance oral health behaviour.
 - Using Behaviour Change Wheel (COM-B) to understand the major determinants of why oral health behaviour may or may not performed and what we need to do to change oral health behaviour.
 - Evaluating adherence to dental health recommendations.
- Promoting oral health and prevention of oral disease at individual, high risk group and community levels.
- Assessing the relationship between periodontal disease and systematic disease such as the association between periodontal disease and adverse birth outcomes.

Publication

1. Al Khamis S, Asimakopoulou K, Newton T, Daly B. The effect of dental health education on pregnant women's adherence with toothbrushing and flossing - A randomized control trial. Community Dent Oral Epidemiol. 2017 Oct;45(5):469-477. doi: 10.1111/cdoe.12311. Epub 2017 Jun 14. PMID: 28612363.

2. Al Khamis S, Asimakopoulou K, Newton JT, Daly B. Oral Health Knowledge, Attitudes, and Perceptions of Pregnant Kuwaiti Women: A Qualitative Study. JDR Clin Trans Res. 2016 Oct;1(3):211-217. doi: 10.1177/2380084416665075. PMID: 30931741

PROJECTS

Dec. 2015	Oral Health Behaviour among Pregnant Women in Kuwait: A Social Cognitive Approach (PhD Thesis)
Dec.2006	Develop and design a new program "Dental Assistant program "based on WIDS (Worldwide Instructional Design System)
Feb. 2003	Dental Hygiene Regulation in Kuwait: Present and Future (Master Thesis)
May, 2002	Dental Hygiene Prevention Proposal for Lake Taylor Hospital (Special Needs Rehabilitation Center), Norfolk, VA.
Jan-Jun. 2002	Dental Hygiene Competencies-based Curriculum.
May.1993	DMFT and CPITN for Mentally and Physically Retarded in Rehabilitation Center for Handicapped, Kuwait.

CONFERENCE PAPERS/POSTER PRESENTATIONS

- Sept. 13, 2012 *Dental Health education for pregnant women: Randomised controlled trial (Poster Presentation).* PER/IADR Congress (September 12-15, 2012) Helsinki, Finland at Finlandia Hall.
- Sept. 12, 2011 *Oral health literacy amongst Kuwaiti pregnant women: A Qualitative study (Poster Presentation).* British Society for Oral and Dental Research 2011. Sheffield, UK.

PARTICIPATION IN PROFESSIONAL CONFERENCES

- PER/IADR Congress (September 12-15, 2012) Finland.
- British Society for Oral and Dental Research 2011. Sheffield, UK
- The 9th Kuwait Dental Association Conference-Kuwait City, Kuwait 19-21/02/2000
- Yankee Dental Conference 2000. Boston, Massachusetts, USA. 20-23/01/2000

PROFESSIONAL TRAINING AND SEMINARS

Professional Training

- Multi-Media Instructional Computing Sound Forge 1999 (PAAET)
- Multi-Media Instructional Computing Director 1 (April 17-21, 1999) (PAAET)

- Efficiency in Teaching Performance (May 8-10,1999) (PAAET)
- Educational Preparation (Oct. 7- Nov.7, 2000) (PAAET)
- Academic Advisory (Nov. 18-20, 2000) (PAAET)
- PER/IADR Congress (September 12-15, 2012) Finland.
- British Society for Oral and Dental Research 2011. Sheffield, UK
- The 9th Kuwait Dental Association Conference-Kuwait City, Kuwait 19-21/02/2000
- Yankee Dental Conference 2000. Boston, Massachusetts, USA. 20-23/01/2000
- WIDS I&II (Mar. 26- Apr 6, 2005) (PAAET)
- Scientific Research Methods (Mar. 11-Apr. 25, 2006) (PAAET)
- International Computer Driving Licence (ICDL) (July 1-30, 2006) (Kuwait University)
- Gaining Ethical Approval for Research (May 10, 2009) (King's College London, UK)
- How to maintain self -motivation (May15, 2009) (King's College London, UK)
- Working in Teams (June 9, 2009) (King's College London, UK)
- Fundamental of writing skills (June 22, 2009) (King's College London, UK)
- Writing a literature review (July 7, 2009) (King's College London, UK)
- Introduction to statistics (5 courses) (Oct.12, 2009) (King's College London, UK)

- Introduction to Endnote (Oct.30, 2009) (King's College London, UK)
- Becoming A Serial Writer (Jan.26. 2011) (King's College London, UK)
- Designing a qualitative study with Liz Spencer (Oct.24,2012) SRA, Scotland.
- Introduction to qualitative data analysis with Liz Spencer (Oct.25,2012) SRA, Scotland.

Seminars

- "Introduction to Economics" Stephen Tidman (8/5/09) (King's College London, UK)
- "Virtual communities and Health care" Dr. Neil Coulson (21/5/09) (King's College London, UK)
- "How to turn your MSc into a research paper" Dr. Tim Newton (8/10/09) (King's College London, UK)
- "Implementation of evidence-based guidelines in primary dental care" Dr. Shima Soheilipour (1/7/10) (King's College London, UK)
- "Implication of oral bacteria in adverse pregnancy outcome: from bench to bedside" Dr. Yiping Han (22/7/10) (King's College London, UK)

- “Using theory to understand the complexity of life with a long-term condition: capital accumulation and transactions in Batten disease” Dr. Sasha Scambler (18/10/10) (King’s College London, UK)
- “Non-Surgical Instrumentation and Sharpening Educational” Hu-Friedy (2/10/2018) (College of Health Science, PAAET).
- “Microsoft Teams” (22-23 June 2020). PAAET.
- “Model first level” (28 Jun.-2 Jul. 2020) PAAET.

MEMBERSHIPS

- King’s College London Alumni Association – UK
- Old Dominion University Alumni Association – VA. USA.