

**CURRICULUM VITAE**

**NABEEL EISA ALSAFFAR**

**PhD in Pharmacy**



**Updated in February, 2020**

# CURRICULUM VITAE

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## **PERSONAL DATA:**

**Name** : NABEEL EISSA ALSAFFAR

**Current Positions** : Associate Professor

Formerly the Head of Pharmaceutical Sciences  
Department, College of Health Sciences, The Public  
Authority for applied education and Training  
(PAAET), Kuwait.

**Nationality** : Kuwaiti

**Date of Birth** : 03 December, 1959

**Marital Status** : Married

**Languages** : Arabic & English

**House Address** : Block 1, St. No. 127, House No. 37, Jaber Al-Ahmad  
City, Postal code 91711 , Kuwait

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Kuwait

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## **ACADEMIC QUALIFICATIONS:**

- Ph.D. in Pharmacy, University of Sunderland – UK -- May 2002.  
(Clinical Pharmacy field). (16 of May 2002)  
**Passed with Distinction & without corrections.**
- M.S. Pharmacy, Adamson University -- Manila -- October 1989.
- B.S. Pharmacy, Adamson University -- Manila -- October 1987.

## **TITLE OF PH.D. THESIS:**

**“Towards Optimising Compliance of Patients with Depressive Disorders in Kuwait: A Clinical Pharmacist’s Perspective”**

## **TITLE OF MASTER'S THESIS:**

**“The Pollens of Andropogon Aciculatus Retz (Amor-Seco): Stability Study”**

## **COMPUTER COURSES AND QUALIFICATIONS:**

- Computer course in WinWord-- **1994**
- Computer course in SPSS/PC--**1994**
- Computer course in Introduction to DOS--**1995**
- Computer course in Windows--**1995**
- Computer courses in Excel and in Excel 5.0--**1995**
- Computer course in Power Point—**1997**
- Statistical Analysis for Medical Research. Basic and Advance. (19-22 February **2006**). Faculty of Medicine, Kuwait University.
- Cambridge International Diploma in IT Skills (November **2006**):  
Introduction to IT; Electronic Communication; Databases; Spreadsheets;  
Word Processing; Using Computer And Managing Files; Presentations.
- **Training course in WIDS.** Measurement Evaluation and Professional Development Center, PAAET. 23<sup>rd</sup> to 27<sup>th</sup> **March 2008**.
- "Turn your courses into electronic version with Google apps". Location: Association of Academic Staff in Applied Colleges, 2-4 April **2012**.
- EndNote Applications. Location: Computer Lab in Ibn Al-Haitham Center, PAAET. 23 December **2013**

## **PROFESSIONAL AND ACADEMIC EXPERIENCES:**

- 1992 - 2006** Assigned as a Pharmacist (promoted to Senior Specialist in 2004).  
Psychological Medicine Hospital, MOH, Kuwait. Fax: (+965)24819526, Tel: (+965)24843900
- 1993 - 1998** Chief of the Pharmacy and Medical Equipment's Department. Psychological Medicine Hospital, MOH, Kuwait. Fax: (+965)24819526, Tel: (+965)24843900
- 2006 - Date** Staff member, Pharmaceutical Sciences Department, College of Health Sciences, Public Authority for Applied Education and Training, Kuwait.
- 2009 - 2011** Deputy Chief of the Department, Pharmaceutical Sciences Department, College of Health Sciences, PAAET, Kuwait.
- 2012 - 2017** Chief of the Department, Pharmaceutical Sciences Department, College of Health Sciences, Public Authority for Applied Education and Training, Kuwait.
- 2003 - 2013** Part-time teaching, as an Assistant Professor, Department of Pharmacy Practice, Faculty of Pharmacy, Kuwait University. Fax: (+965)25342807, Tel: (+965)25312300 Ext 6251.
- 2003 - 2013** Director and Organizer of Pharmacy Students Clinical Placements, Department of Pharmacy Practice, Faculty of Pharmacy, Kuwait University. Fax: (+965)25342807, Tel: (+965)25312300 Ext 6251.
- 1992 - 1998** Teaching Pharmacy subject (Introduction to Pharmacology) in the Institute of Nursing, Public Authority for Applied Education and Training, P.O. Box 23167, Safat, Kuwait (22269). Fax: (+965)22459153.
- 2004 - 2007** Teaching Pharmacy subject (Introduction to Pharmacy and Pharmacology) for the Ambulatory Services Technician Course, the Public Authority for Applied Education and Training, P.O. Box 23167, Safat, Kuwait (22269).
- 1986 - 1990** As an Overseas Public Relation Officer for recruiting overseas workers for Al-Traifi General Contracting, P.O. Box 10017 Al-Mubarraz, Al-Ahsa, K.S.A. Fax: (+966)5871953, Tel: 6877668, 5825147.

## **MINISTRY OF HEALTH OVERSEAS PROFESSIONAL MISSIONS:**

1. Official **Mission to India** to interview, examine, and recruit pharmacists for MOH, Kuwait--**May 1994**.
2. First Official **Mission to Egypt** to interview, examine, and recruit pharmacists for MOH, Kuwait--**March 1996**
3. Second Official **Mission to Egypt** to interview, examine, and recruit pharmacists for MOH, Kuwait—**August 1997**

## **MEMBERSHIP IN PROFESSIONAL SOCIETIES:**

Member of:

1. Kuwait Pharmaceutical Association
2. Kuwait Institute for Medical Specialization

## **ORGANIZATIONS AND COMMITTEES MEMBERSHIP:**

### **PAAET COMMITTEES:**

1. Chairman of the **Curriculum Development Committee**, Pharmaceutical Sciences Department, College of Health Sciences, Public Authority for Applied Education and Training (PAAET), Kuwait **(2007-2014)**.
2. Member of the **Curriculum Development Committee**, Pharmaceutical Sciences Department, College of Health Sciences, Public Authority for Applied Education and Training (PAAET), Kuwait **(2014-2017)**.
3. Member of **Scientific Research and Conferences Committee**, Pharmaceutical Sciences Department, College of Health Sciences, PAAET, Kuwait **(2007-2016)**.
4. Member of the **Scholarship Committee**, Pharmaceutical Sciences Department, College of Health Sciences, PAAET, Kuwait **(2012-2017)**.
5. Member of the **Appointments and Secondment Committee**, Pharmaceutical Sciences Department, College of Health Sciences, PAAET, Kuwait **(2012-2017)**.
6. Member of the **College Appointments Committee**, College of Health Sciences, PAAET, Kuwait **(2008-2009)**.
7. Member of the **College Scientific Affairs Committee**, College of Health Sciences, PAAET, Kuwait **(2012-2017)**.
8. Member of the **College of Health Sciences Council**, College of Health Sciences, PAAET, Kuwait **(2012-2017)**.
9. Member of an **Investigation Committee in a Staff Member Performance** assigned by the General Director of PAAET (decree **3198/2010**).
10. Member of an **Investigation Committee in a Staff Member Performance** assigned by the General Director of PAAET (decree **276/2013**).
11. Member of **Dean Performance Assessment Committee** assigned by the General Director of PAAET (decree **602/2010**).

### **FACULTY OF PHARMACY (FOP) COMMITTEES:**

12. Member of the **Department Committee**, of the Pharmacy Practice Department, faculty of Pharmacy, Kuwait University in the period between 2003 to 2013.

13. Member of the **Department of Pharmacy Practice Appointments Committee**, faculty of Pharmacy, Kuwait University.
14. Member of the **Central Accreditation Committee** for the evaluation of the faculty of Pharmacy by the ACPE from the USA in 2005/2006.

#### **Ministry of Health (MOH) COMMITTEES:**

15. Member of the **Drug Inspection team for the Private Sector Pharmacies and Drug Stores**. Drug Inspection Administration, MOH, Kuwait **(1996 – 1998)**
16. Member of the **Evaluation team for Licensing Private and Public Sectors Pharmacists**. Pharmaceutical Services Administration, MOH, Kuwait **(2004 - 2006)**.
17. An active **organiser** of the celebration in the **World Mental Health Day** in Kuwait, from **1995 to 1998**.
18. Member of the **Organising Committee of Clinical Pharmacy program** in arrangement with the Faculty of Pharmacy, Kuwait University, **1997**.
19. **Computerization of Pharmaceutical Services Committee**, Central Medical Stores, MOH.

#### **PSYCHOLOGICAL MEDICINE HOSPITAL COMMITTEES:**

20. **Committee for the Evaluation of the Efficiency and Performance** of the various departments of the Psychological Medicine Hospital.
21. **Drugs and Equipment Committee** of the Psychological Medicine Hospital.
22. **Records Committee** of the Psychological Medicine Hospital.
23. **Hospital Board Committee** of the Psychological Medicine Hospital.
24. **Computerization of Pharmaceutical Services Committee** in the Psychological Medicine Hospital.

#### **KUWAIT PHARMACEUTICAL ASSOCIATION COMMITTEES:**

25. Member of the **Organising Committee of the 4<sup>th</sup>, 5<sup>th</sup> and 7<sup>th</sup>** Kuwait Pharmaceutical Association Regional conferences.
26. Member of the **Ethics Committee**, Kuwait Pharmaceutical Association, Kuwait **(1997-1999)**.

## **CONFERENCE, COURSES & LECTURES ATTENDED:**

### **LOCAL:**

1. **Seminars on Electromedicines-the other side of physiology:** the latest methods of treating pain and stress. Organised by: MAAK Trading Establishment and ALPHA STIM CS--**October 1992.**
2. Lecture on: **Community Pharmacy.** Lecturer: Dr. Adel Mutawea (Dean of College of Pharmacy, Alexandria University) Organised by: Kuwait Pharmaceutical Association--**October 1996.**
3. One of the organisers of the Fourth Kuwait Pharmaceutical Association **Conference on Computerization of Pharmaceutical Services--March 1996.**
4. Lecture on: **Pharmacy Future in Kuwait.** Lecturer: Dean of the Faculty of Pharmacy, Kuwait University--**November 1996.**
5. **"Olanzapine, A New Atypical Antipsychotic".** Lecturer: Dr. Alaa Assem ( Eli Lilly Co. Medical Advisor. Organised by: Eli Lilly, Kuwait--**February 1997.**
6. **"A New Hope for the Treatment of Alcohol Dependence and Opioids".** Organised by: Dupont Merck Pharma and Al Mufid Pharmaceutical, Safir International Hotel, Kuwait--**April 1997.**
7. **"Merchandising to Improve Pharmacy Sales and Profits".** Lecturer: Jermy Clitherow (MBE FR Pharms UK). Organised by: SmithKline Beecham International--**November 1997.**
8. **"The Biology of the Human Mast Cell".** Lecturer: Prof. Martin Kenyon Church (Professor of Experimental Immuno Pharmacology at the University of Southampton, UK). Organised by: UCB Pharma & Kuwait Allergy Centre--**December 1997.**
9. **"Competitive Advantages of Prozac in Treatment of all Types of Depression".** Organised by: Eli Lilly, Kuwait--**September 1998.**
10. **"Aspects of Drug Choice for Patients with Major Depression".** Lecturer: Dr. Robert F. Kohoe (Consultant Psychiatrist in Adult General Psychiatry at the Airedale General Hospital, UK). Organised by: Lundbeck Overseas, Sheraton Hotel, Kuwait--**October 1998.**
11. **"CIVA Services, Cost Effectiveness and Medication Errors".** Lecturer: Dr. Kamal Sabra (Chief Pharmacist, St. James's Hospital & Faculty of health Sciences, Trinity College, University of Dublin). Organised by: Kuwait Oil Company in Co-operation with Kuwait Pharmaceutical Association--**April 1999.**
12. **Technical Seminar/Workshop on: "Modern Aseptic Dispensing".** Lecturer: Group of UK Lecturers. Organised by: Faculty of Pharmacy, Kuwait University--**May 1999.**

13. A group of lectures on: **"Value of Innovative Pharmaceuticals"**. Lecturer: Group of Lecturers. Organised by: MSD Drug Company in Co-operation with Kuwait Pharmaceutical Association--**May 1999**.
14. Certificate of attendance in the meeting **"Advances in Therapeutics"** between 1-3 **May, 2000** at the Health Science Center, Kuwait University.
15. **"Drug Eluting Stent-Latest Advances in the treatment of Coronary Heart Diseases"**. Lecturer: Dr. Ahmed Taha MB B ch (Product Specialist, CORDIS). Organised by: Kuwait Pharmaceutical Association--**July 2002**.
16. **"Mood and anxiety and PTSD"** by: Dr. Raymond Hamden (Clinical and Forensic Psychologist, UAE). Organized by GlaxoSmithKline, Crown Plaza Hotel, Kuwait—10<sup>th</sup> and 11<sup>th</sup> of **September 2002**.
17. **"Statin Therapy in the 21<sup>st</sup> Century"** by: Dr. Muna Abu Al-Majd. Organised by BMS, Kuwait Pharmaceutical Association, Kuwait—21<sup>st</sup> of **September 2002**.
18. **"World Mental Health Day"** held at the Day Care Center in the Psychological Medicine Hospital-- 9<sup>th</sup> of **October 2002**.
19. **"New Dimensions in Depression-2ny binding properties of SSRI in major and minor depression"** by: Dr. Tarek Okasha (Faculty of Medicine, Ain Shames University, Egypt). Organized by Pfizer Inc., Sheraton Hotel, Kuwait—22<sup>nd</sup> of **October 2002**.
20. **"Role of Piracetam "Nootropil" in Mild Cognitive Impairment"** presented by: U.C.B. Pharma SA in PMH, **June 2003**.
21. Organizer of **"World Mental Health Day"** held at the Day Care Center in the Psychological Medicine Hospital—**1996 and 2002**.
22. **Organiser and speaker** in the "The First Gulf Conference on Mental Health Conference", Marriott Hotel, Kuwait. 8-10 **December 2003**.
23. **Organiser and speaker** in The 6<sup>th</sup> Kuwait Pharmaceutical Association Conference, Marriott Hotel, Kuwait. 21<sup>st</sup> to 23<sup>rd</sup> **February 2004**.
24. **Symposium and Consultation meeting on "Intercountry Consultation for Developing Regional Strategy for Patient Safety in E.M.R."**, Held in Kuwait, Crowne Plaza Hotel, 27-30 **November 2004**, in collaboration with WHO/EMRO, Executive Board of the Health Ministers' Council for GCC States, UNDP, and Ministry of Health, Kuwait. Title of presentation: **"Minimising medication errors from the Pharmaceutical perspective."**
25. **Workshop: "Introduction to Cardiovascular Risk Assessment for Pharmacists."** **Part I**. Organised by KIMS in cooperation with Faculty of Pharmacy, Kuwait University, 25<sup>th</sup> **November 2004**.



- 26. Workshop. “Cardiovascular Risk Assessment for Pharmacists #2”. Part 2.**  
Organised by KIMS in cooperation with Faculty of Pharmacy. Kuwait University. **March 2005.**
- 27. Lecture: “Calculations for Health Professionals”.** KIMS in cooperation with Faculty of Pharmacy. Kuwait University. **May 2005.**
- 28. Lecture: “Clinical Pharmacy Training Program and Pharmaceutical Care in the USA”.** Kuwait Pharmaceutical Association in cooperation with Faculty of Pharmacy, Kuwait University. **December 2005.**
- 29. Lecture: “Drugs of Abuse”.** KIMS in cooperation with Faculty of Pharmacy, Kuwait University. **December 2005.**
- 30. Workshop: “Curriculum Transition from BPharm to PharmD: The Howard University Experience”.** KIMS in cooperation with Faculty of Pharmacy, Kuwait University. **December 2005.**
- 31. Workshop: “Pharmacogenomics: A New Paradigm in Pharmacotherapeutics”.** KIMS in cooperation with Faculty of Pharmacy, Kuwait University. **January 2006.**
- 32. Workshop. “Introduction to Paediatric Pharmaceutical Services”.** Faculty of Pharmacy. Kuwait University. **March 2006.**
- 33. Conference: 7<sup>th</sup> Kuwait Pharmaceutical Association Conference, Kuwait. 5<sup>th</sup> – 7<sup>th</sup> September 2006.**
- 34. Conference: 1<sup>st</sup> Kuwait Pharmaceutical Sciences Conference & 10<sup>th</sup> Conference of Scientific Association of Colleges of Pharmacy in the Arab World, Kuwait. 11<sup>th</sup> – 13<sup>th</sup> December 2006.**
- 35. Training course in WIDS.** Measurement Evaluation and Professional Development Center, PAAET. 23<sup>rd</sup> to 27<sup>th</sup> **March 2008.**
- 36. Conference: The 3<sup>rd</sup> Kuwait International Pharmacy Conference (KIPC 2011), Medication Safety.** Faculty of Pharmacy, Kuwait University. 14– 16 **Feb. 2011.**
- 37. First Aids course.** College of Health Sciences, PAAET. From 8<sup>th</sup> to 10<sup>th</sup> **May 2012.**
- 38. Conference: Counterfeit Pharmaceutical and Medical Supplies. First Conference.** MOH, Jumaira Hotel, Kuwait. 27<sup>th</sup> – 28<sup>th</sup> **November 2013.**

### **INTERNATIONAL:**

- 39. International Exhibition and Conference for Pharmaceutical Products and Technology.** Organised by: ARABPHARMA & AL FAJER Infor. And Services, held at Hyatt Regency, Dubai, UAE, Fax: (+9714) 622802--**August 1994.**
- 40. Research Methods in Pharmaceutical Care and Pharmacy Practice** (International Ph.D. Course). Organised by: The Royal Danish School of Pharmacy, Department

of Social Pharmacy, Universitetsparken 2, DK-2100 Copenhagen, Denmark. FAX: (+4535) 372621--**May 1995**.

- 41. Psychiatric Symposium: Perspective in Mood Disorders.** Organised by: SmithKline Beecham Int., held at the Meridian Limassol Hotel, **Cyprus. May 1996**.
- 42. ARAB Health 96 Conference,** Dubai, UAE. Organised by: DR. Exhibitions LTD. P.O. BOX 28943, Dubai, UAE, Fax: (+971)4360137--**December 1996**.
- 43. XXV International Conference of Pharmaceutical Sciences,** Organised by: The Egyptian Pharmaceutical Society. PHAR'L SOCIETY. Dar Al-Hekma, 42 Kasr Al-Aini St., Cairo 11562. Fax: (+202) 3624105--**December 1996**.
- 44. Gulf Health Economic Conference and Workshop - Unit II.** Organised by: Eli Lilly, Dubai, UAE--**February 1997**.
- 45. A Group of optional lectures in Pharmacology and pharmaceuticals.** University of Sunderland, UK--**1999-2002**.
- 46. Speaker in the 4<sup>th</sup> GCC Medical Associations Workshop,** Riyadh, KSA. Title: "**Minimising Medication Errors: Patient Safety Approach**". **March 2005**.
- 47. Conference and Workshop: "The Pharmacy: A Profession in Transition"** symposium, Riyadh, KSA. Title: "**Health Beliefs and Attitudes Towards Medication of Patients with Depressive Disorders in Kuwait**". **April 2005**.
- 48. The 17<sup>th</sup> Singapore Pharmacy Congress,** July 2005.
- 49. Symposium: The 1<sup>st</sup> GCC Medication Errors Symposium.** Bahrain, **19-20 November 2005**.
- 50. Conference: The Arab Psychiatry Conference.** Bahrain, 15-17 **April 2006**.
- 51. Conference: The 6<sup>th</sup> Asian Conference on Clinical Pharmacy,** Bangkok, Thailand. 6<sup>th</sup> – 8<sup>th</sup> July **2006**.
- 52. Conference: DUPHAT 2008 – Dubai International Pharmaceuticals and Technologies Conference and Exhibition,** Dubai International Convention and Exhibition Centre. 10<sup>th</sup>-12<sup>th</sup> March **2008**.
- 53. Conference: ICPP 2013: International Conference on Pharmacy and Pharmacology.** Holiday Inn London, London, United Kingdom (UK). 05<sup>th</sup> – 06<sup>th</sup> September **2013**.
- 54. Conference: DUPHAT 2020 – Dubai International Pharmaceuticals and Technologies Conference and Exhibition,** Dubai International Convention and Exhibition Centre. 25<sup>th</sup>-27<sup>th</sup> February **2020**.

## **CONFERENCE, SEMINARS, AND PAPERS PRESENTED BY THE CANDIDATE:**

### **LOCAL:**

1. **"Caffeine as a Stimulant"** A lecture presented in Kuwaiti Nurses Association—1997.
2. **"Strategies to Improve Compliance with Medication Regimen: A Clinical Pharmacist Perspective"** A seminar presented for Faculty of Pharmacy Staff, at the Health Sciences Center in Jabriya, 25<sup>th</sup> September 2002
3. **Speaker and Organizer of "World Mental Health Day"** held at the Day Care Center in the Psychological Medicine Hospital—1996 and 2002.
4. **"Medication Non-Compliance in Mental Illness"** A seminar presented for the Physicians and Pharmacists in PMH, June 2003.
5. **Speaker and Organiser of the "The First Gulf Conference on Mental Health Conference"**, Marriott Hotel, Kuwait. 8-10 December 2003.
6. **"Investigation of Some Strategies to Improve Compliance with Medication Regimen"** A seminar presented for the medical team in PMH, Dec. 2003
7. **Speaker and Organiser of the 6<sup>th</sup> Kuwait Pharmaceutical Association Conference, and Co-Charing the second day "Providing Pharmaceutical care to asthmatic patients"**, Marriott Hotel, Kuwait. 21<sup>st</sup> to 23<sup>rd</sup> February 2004
8. **"Medication Counselling Experience in A Psychiatric Hospital in Kuwait"** A lecture presented in the 6<sup>th</sup> Kuwait Pharmaceutical Association Conference, Marriott Hotel, Kuwait. 21<sup>st</sup> to 23<sup>rd</sup> February 2004
9. **Speaker and Organiser of the "Intercountry Consultation for Developing Regional Strategy for Patient Safety in E.M.R.",** Held in Kuwait, Crowne Plaza Hotel, in collaboration with WHO/EMRO, Executive Board of the Health Ministers' Council for GCC States, UNDP, and Ministry of Health, Kuwait. Title of presentation: **"Minimising medication errors from the Pharmaceutical perspective."** 27-30 November 2004
10. **Speaker, Chairman and Organiser of the: 7<sup>th</sup> Kuwait Pharmaceutical Association Conference,** Kuwait. Title: **"Medications errors from the pharmaceutical perspective: Kuwait Experiences."** 5<sup>th</sup>–7<sup>th</sup> September 2006.
11. **Conference: 1<sup>st</sup> Kuwait Pharmaceutical Sciences Conference & 10<sup>th</sup> Conference of Scientific Association of Colleges of Pharmacy in the Arab World,** Kuwait. Title: **"Physicians' perceptions and expectations of pharmacists' professional duties in government hospitals in Kuwait"**. 11<sup>th</sup>–13<sup>th</sup> December 2006.

12. Contribution in the **Awareness Campaign for Respiratory Diseases**. Kuwait Pharmaceutical Association. 8-9 April 2016.
13. Organizer of "First, Second, Third, and Forth Health and Medicine Exhibitions" in 2014, 2015, 2016, and 2017, respectively

### **INTERNATIONAL:**

14. **Speaker in the 4<sup>th</sup> GCC Medical Associations Workshop**, Riyadh, KSA. Title: **"Minimising Medication Errors: Patient Safety Approach."** March 2005.
15. The 8th conference of the **European Association for Clinical Pharmacology and Therapeutics (EACPT)**, Amsterdam, Netherlands. Title: **"Opinion of depressive disorders patients on two forms of pharmacist created educational interventions in Kuwait"**. 28<sup>th</sup> August – 1<sup>st</sup> September 2007.

### **POSTER PRESENTATION:**

#### **LOCAL:**

1. Poster presentation at the: **12th Annual HSC Poster Conference**, Health Science Center, Kuwait University, Kuwait. Poster title: **"Opinion of depressive disorders patients on two forms of pharmacist created educational interventions in Kuwait."** 16<sup>th</sup>–18<sup>th</sup> April 2007.
2. Poster presentation at the: **13th Annual HSC Poster Conference**, Health Science Center, Kuwait University. Title: **"Polypharmacy among psychiatric patients attending outpatient clinics in Kuwait."** 22<sup>nd</sup>–24<sup>th</sup> April 2008.
3. Poster presentation at the: **17th HSC Poster Conference**, Health Science Center, Kuwait University, Kuwait. Poster title: **"Detection of bacterial endotoxin in drinking tap and bottled water in Kuwait."** 8<sup>th</sup>–10<sup>th</sup> May 2012.

### **INTERNATIONAL:**

4. Poster presentation submitted for the **Pharmacy: A Profession in Transition** symposium, Riyadh, KSA. Poster title: **"Health Beliefs and Attitudes Towards Medication of Patients with Depressive Disorders in Kuwait."** April 2005.
5. Poster presentation in: **The 17<sup>th</sup> Singapore Pharmacy Congress**, Singapore. Title: **"Medicine Prices in the State of Kuwait."** July 2005.

6. **Poster presentation in: The 6<sup>th</sup> Asian Conference on Clinical Pharmacy**, Bangkok, Thailand. Poster title: **"Opinion of depressive disorders patients' on two forms of pharmacist created educational interventions in Kuwait."** 6<sup>th</sup> – 8<sup>th</sup> July 2006.
7. Poster presentation at the: **8th conference of the European Association for Clinical Pharmacology and Therapeutics (EACPT)**, Amsterdam, Netherlands. Poster title: **"Opinion of depressive disorders patients on two forms of pharmacist created educational interventions in Kuwait."** 28<sup>th</sup> August – 1<sup>st</sup> September 2007.
8. Professional poster presentation at: **DUPHAT 2009 – Dubai International Pharmaceuticals and Technologies Conference and Exhibition**, Dubai International Convention and Exhibition Centre. Poster title: **"Polypharmacy among psychiatric outpatients in Kuwait."** 29<sup>th</sup>-31<sup>st</sup> March 2009.
9. Poster presentation at: **DUPHAT 2010 – Dubai International Pharmaceuticals and Technologies Conference and Exhibition**, Dubai International Convention and Exhibition Centre. Title: **"Evaluation of Drug Use Practices at Primary Health Care Centers in Kuwait."** 15<sup>th</sup>-17<sup>th</sup> March 2010.

## **PUBLISHED RESEARCH'S:**

1. **Al-Saffar Nabeel**, Eid Salah, Alqattan Salah, Metwalli Heba. **Polypharmacy among psychiatric outpatients in Kuwait.** *Middle East Current Psychiatry*, October 2012; 19(4): 232–236.
2. **Nabeel Alsaffar**, Abdulkareem Abdulraheem, Maha F. El-Tohamy and Hadi Abbas Alnajjar. **Signal amplification of SIA-chemiluminescence probe for methotrexate detection in pharmaceutical formulations using silver nanoparticles.** *WJPMR*, 2018; 4(3): 08-15.
3. Abdulkareem Abdulraheem, Maha F. El-Tohamy, **Nabeel Alsaffar**, and Maryam Al Hussaini. **Ultra-sensitive spectrophotometric detection of Breast cancer therapy anastrozole using carbon Quantum dots/silver nanocomposite.** *WJPR*, 2018; 7(6): 23-38.
4. Abdulkareem Abdulraheem, Maha F. El-Tohamy, Hadi Abbas Alnajjar, and **Nabeel Alsaffar**. **Electrochemical studies of modified 2-hydroxypropyl beta cyclodextrin and modified carbon nanotubes sensors for determination of antidiabetic pioglitazone hydrochloride.** *WJPPS*, Jan 2018; 7(2): 197-217.
5. Awad A., **Al-Saffar N.** **Evaluation of drug use practices at primary healthcare centers of Kuwait".** *Eur J Clin Pharmacol*, December 2010; 66(12): 1247-1255.

6. Al-Saffar Nabeel, Abdulraheem Abdulkareem, Alsughayer Abdulhakeem, Al-Qattan Salah, Metwalli Heba. Depressed patients' preferences for education about medications by pharmacists in Kuwait. *Patient Education and Counseling*, July 2008; 72(1): 94-101.
7. Abdulraheem A., Mustafa S., Al-Saffar N. and Shahjahan M. Detection of bacterial endotoxin in drinking tap and bottled water in Kuwait. *Environ Monit Assess*. 2012 Dec; 184(12):7323-8; DOI 10.1007/s10661-011-2501-0.
8. Matowe L., Abahussain EA., Al-Saffar N., Bihzad SM., Al-Foraih A. and Al-Kandery AA (2006) "Physicians' perceptions and expectations of pharmacists professional duties in government hospitals in Kuwait". *Med Princ Pract*. 2006;15:185-189 (DOI:10.1159/000092179).
9. Ball D, Tisocki K, and Al-Saffar N. **Medicine prices in the State of Kuwait: Report of a survey on medicine prices in Kuwait**. An extensive report submitted to WHO, 54 pages, 2005.
10. Al-Saffar N, Deshmukh A, Carter P and Adib SM. **Effect of information leaflets and counselling on antidepressant adherence: open randomised controlled trial in a psychiatric hospital in Kuwait**. *The International Journal of Pharmacy Practice* 2005; 13:123-131.
11. Al-Saffar N, Deshmukh A, Eid S, and Carter P. **Health Beliefs and Drug Compliance of Depressed Patients in Kuwait**. *Journal of Social Administrative Pharmacy* 2003, vol. 20, No. 4, pp. 142-150.

## **PUBLISHED BOOKS, NOTEBOOKS AND MONOGRAPHS:**

1. **BOOK:** Medical and Pharmaceutical Terminology: for Healthcare Practitioners **مُصْطَلَحَاتٌ طِبِّيَّةٌ وَصَيْدَلَانِيَّةٌ**. A book in approximately 317 pages. First edition, March 2018. Author: **Dr. Nabeel Alsaffar**.
2. **NOTEBOOK:** Introduction to Pharmacy Technician Professional Practice **مُقرر مُقدمة مُزاولة مهنة فني صيدلة (1)**. A notebook in 191 pages. Last edition in Feb. 2017. Printed locally for PAAET student's use. Author: **Dr. Nabeel Alsaffar**.
3. **WORKBOOK:** Pharmacy Technician Professional Practice (2). Student's **Workbook: Polyclinic Placement. (2) مقرر مُزاولة مهنة فني صيدلة**. A workbook in 49 pages. Last edition in Sep. 2017. Printed locally for PAAET student's use. Author: **Dr. Nabeel Alsaffar**.
4. **WORKBOOK:** Pharmacy Technician Professional Practice (3). Student's **Workbook: Polyclinic Placement. (3) مقرر مُزاولة مهنة فني صيدلة**. A workbook in 47

- pages. Last edition in Sep. 2017. Printed locally for PAAET student's use. Author: **Dr. Nabeel Alsaffar**.
5. **WORKBOOK: Summer Field Training. Student Workbook: Hospital Placement.** . علم الأدوية طوارئ طبية (1) . مقرر تدريب ميداني صيفي . A workbook in 53 pages. Last edition in Sep. 2017. Printed locally for PAAET student's use. Author: **Dr. Nabeel Alsaffar**.
  6. **NOTEBOOK: Emergency Medicine Pharmacology (1)** . علم الأدوية طوارئ طبية (1) . A notebook in 88 pages. Feb. 2014. Printed locally for PAAET student's use. Author: **Dr. Nabeel Alsaffar**.
  7. **NOTEBOOK: Short Notes in Pharmacy.** A notebook in about 95 pages for the students in the Institute of Nursing (1992-1998). Author: **Dr. Nabeel Alsaffar**.
  8. **NOTEBOOK: Introduction to Pharmacy and Pharmacology.** A notebook in 73 pages, the Ambulatory Services Technician Course, the Public Authority for Applied Education and Training (2004/2005). Author: **Dr. Nabeel Alsaffar**.
  9. **BOOKLET: Pharmacy Technician Diploma Guide** دليل الطالب لتخصص فني صيدلة . A booklet in 46 pages booklet. Prepared by: **Dr. Nabeel Alsaffar** in cooperation with pharmaceutical sciences dep. Staff members. Printed by PAAET in Feb. 2015.
  10. **REPORT: Medicine Prices in the State of Kuwait: Report of A Survey on Medicine Prices in Kuwait.** An extensive report submitted to WHO, 54 pages, 2005. Ball D, Tisocki K, and **Al-Saffar N**.
  11. **"Computerization of Pharmaceutical Services"** in *"The Pharmacist Bulletin"* (Kuwait Pharmaceutical Association), Vol. 14, No. 1, 8 pages, May. 1996.
  12. **"Caffeine as a Stimulant"** in *"The Pharmacist Bulletin"*, Kuwait Pharmaceutical Association, 8 pages.
  13. **"Benzodiazepine Withdrawal Syndrome"**. An Article. *Psychiatric Hospital Bulletin*.
  14. **"Clozapine: Protocol of Treatment"**. An Article. *Psychiatric Hospital Bulletin*.
  15. **"Psychiatric Hospital Bulletin"** editorial board, a monthly medical activity of the latest medical progress distributed within hospital boundaries.
  16. **Counselling Protocols for Antidepressant Drugs** (English & Arabic), 33 pages.
  17. **Antidepressant drugs Patients Information Leaflets** (English & Arabic).

## **PROJECTS AND GRANTS:**

### **Principle or joint Principle Investigator:**

1. **1997-2000:** A 3-year Project Grant from the Kuwait Foundation for Advancement of Sciences Jointly with Dr Salim Adib, Community Medicine Department, Faculty of Medicine, Kuwait University. **'Evaluation of the Effect of Specialised**

**Educational Interventions on Optimising Compliance of Patients with Depressive Disorders in Kuwait'. 11,000 KD. Completed.**

2. 2016-2017: A project funded by PAAET. Dr Mariam Alhusaini and Dr Nabeel Alsaffar. **Exploring community pharmacists knowledge, perception and experiences towards branded and generic medicines in Kuwait: highlighting the role of pharmacist.** Finished. In the process of submission for publication.
3. 2016-2019: A project funded by PAAET. Dr Abdulhakeem Alsughayer and Dr Nabeel Alsaffar. **Loading of Floxacin Drug on Chitosan and Novel Synthesis of Polyfloxacin: Drug Release and Bioactivity.** Still running.

## **REFERENCES:**

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